



24/09/2023

3º GRANDE TRAIL SECRETO (G.T.S.)

CLASSIFICAÇÃO GERAL 16KM

Pos	Atleta	Equipa	Tempo
1	EDGAR FRAZÃO 1-SEN M	FATIMA TRAIL TEAM	1:24:19.617
2	SAMUEL REIS 1-M35	Os Tolinhos	1:24:46.582
3	TOMÁS ESTEVÃES 1-SUB23 M	OCS - Arrábida Trail Team	1:24:55.424
4	CARLOS FERNANDES 2-M35	Crossmates	1:28:55.085
5	RENATO LOPES 1-M45		1:30:57.881
6	TIAGO LÉ 2-SEN M	FATIMA TRAIL TEAM	1:31:59.918
7	VITAL SOUSA 3-SEN M	CCRDArrimal/Morcegos	1:32:03.848
8	SAMUEL REIS 4-SEN M	A. C. S. Mamede	1:33:52.088
9	ANA OLIVEIRA 1-SEN F	Furfor Running Project	1:34:27.155
10	FILIPPE AZEVEDO 5-SEN M	CPR A-do-Barbas	1:35:03.986
11	GONÇALO FERREIRA 1-M40	LIZ RUNNERS	1:35:58.690
12	WILSON RIBEIRO 3-M35	TiMim	1:36:14.659
13	RICARDO VITORINO 2-M40	FATIMA TRAIL TEAM	1:37:06.497
14	RICARDO VIEIRA 6-SEN M	FATIMA TRAIL TEAM	1:37:59.803
15	GONÇALO LOPES 3-M40	SB VIDROS - VIDRALA	1:39:01.018
16	JOEL PEDRO 1-M50	Trilho do Castelejo	1:41:16.958
17	ALEXANDRE SOUSA 4-M35	CPR A-do-Barbas	1:41:21.494
18	RUI PRAZERES 2-M45	A. C. S. Mamede	1:41:32.437
19	JOÃO NEPOMUCENO 3-M45	100 Gás Trail Team	1:42:16.088
20	SÉRGIO GAMEIRO 4-M45	FATIMA TRAIL TEAM	1:42:31.324
21	RICARDO GONCALVES 2-M50	FATIMA TRAIL TEAM	1:42:50.426
22	NUNO REIS 5-M45	FATIMA TRAIL TEAM	1:42:50.665
23	AGOSTINHO PEREIRA 5-M35		1:42:54.371
24	ACÁCIO GOMES 3-M50	ARCD MENDIGA	1:43:32.008
25	HÉLDER COSTA 4-M50	Porto de Mos a Correr	1:44:22.694
26	JOSÉ RAFAEL 1-M55	ADAR - Associação Desportiva de Aldeia da Ribeira	1:45:53.323
27	FLÁVIO CARREIRA 4-M40	Trilho do Castelejo	1:46:38.869
28	LUCAS VAZ 2-SUB23 M	Bombeiros Voluntários Ortigosa	1:46:49.941
29	HÉLDER CEBOLEIRO 7-SEN M	Terrantêz Trail Team	1:47:30.140
30	JOEL COELHO 5-M40	A. C. S. Mamede	1:47:48.287
31	TIAGO ROSA 8-SEN M	A. C. S. Mamede	1:48:34.172
32	ALBERICO ROSA 6-M35	FATIMA TRAIL TEAM	1:48:49.084
33	JOSÉ VENDEIRO 5-M50	CCRDArrimal/Morcegos	1:48:57.536
34	ANDRÉ SANTOS 7-M35	Terrantêz Trail Team	1:49:07.181
35	TIAGO MAGALHÃES 6-M40	RUNNERS DO DEMO	1:49:48.408
36	FÁBIO COSTA 8-M35	ARCD MENDIGA	1:49:57.895
37	PEDRO RODRIGUES 2-M55	CPR A-do-Barbas	1:50:20.390
38	CARLOS VALINHO 7-M40	CPR A-do-Barbas	1:50:57.408
39	JOÃO DIAS 8-M40	Os Tolinhos	1:51:22.462
40	RICARDO NARCISO 9-SEN M	ARCD MENDIGA	1:51:48.854

41	MÁRIO CARIDADE 9-M40	Canal _Nandices_YouTube	1:51:49.712
42	RODOLFO MARQUES 9-M35	CRP Ribafria	1:52:13.983
43	RICARDO LAGE 10-SEN M		1:52:16.033
44	DAVID MATEUS 11-SEN M	Terrantêz Trail Team	1:52:36.665
45	PEDRO PEREIRA 10-M35	Constância Mountain Runners	1:52:46.094
46	HORÁCIO GASPAR 6-M50	G.A.Caranguejeira	1:53:21.958
47	RUI PEREIRA 1-M65	CA BARREIRA	1:53:35.415
48	TIAGO BRANCO 10-M40	Chitas de Alcobaça	1:53:54.589
49	TELMO MADEIRA 6-M45	Chitas de Alcobaça	1:53:55.118
50	BRUNO COSTA 12-SEN M	Grupo desportivo Concha Azul	1:53:55.182
51	PEDRO NICOLAU 7-M45		1:54:24.389
52	ANTÓNIO MATOS 3-M55	Os Tolinhos	1:54:45.316
53	CÁTIA FERREIRA 2-SEN F		1:55:02.244
54	FILIPE SOARES 8-M45	Trilho do Castelejo	1:55:14.445
55	NUNO PAIXAO 11-M35	Amiais de baixo	1:55:26.408
56	JOÃO PEDROSA 3-SUB23 M	100 Pernas	1:55:39.577
57	HUGO 9-M45		1:55:45.601
58	NELSON OLIVEIRA 11-M40	FATIMA TRAIL TEAM	1:55:57.896
59	RUBEN VICENTE 13-SEN M		1:57:09.091
60	NUNO CORDEIRO 12-M40	XPLOSE BOX	1:57:45.948
61	ANTÓNIO PALMEIRA 10-M45	Cromos Trail Team	1:58:05.283
62	PAULO SILVA 12-M35	Cromos Trail Team	1:58:06.776
63	DANY FERREIRA 13-M35	FATIMA TRAIL TEAM	1:58:35.462
64	EMANUEL DIAS 14-SEN M		1:58:58.402
65	LUIS VALENTE 15-SEN M	Trilho do Castelejo	1:59:08.284
66	RUI MATIAS 11-M45	TiMim	1:59:10.606
67	PEDRO MARQUES 16-SEN M	Formigas Atómicas	1:59:14.547
68	LUIS FERNANDES 13-M40	CPR A-do-Barbas	1:59:36.078
69	BEATRIZ SIMÕES LOPES 3-SEN F		1:59:37.930
70	VÁLTER LUÍS 14-M40	FATIMA TRAIL TEAM	1:59:38.330
71	ANTONIO MARTINS 2-M65	COA Corvus Trail Team	1:59:51.087
72	JOÃO VIEIRA 15-M40	Twopikas	1:59:55.775
73	DINIS SANTOS 7-M50		1:59:59.234
74	PEDRO ACHEGA 17-SEN M		2:00:24.615
75	FILIPE MOREIRA 12-M45	Porto de Mos a Correr	2:00:29.044
76	LUIS HENRIQUES 8-M50	CPR A-do-Barbas	2:00:40.777
77	DANIEL MATIAS 18-SEN M	TiMim	2:01:01.773
78	GONÇALO SIMÕES 16-M40	DNMG	2:01:03.133
79	CÁTIA MONTEZ 4-SEN F	CPR A-do-Barbas	2:01:39.875
80	NUNO FERREIRA 13-M45	CPR A-do-Barbas	2:01:41.314
81	PEDRO FETAL 19-SEN M	A. C. S. Mamede	2:01:50.176
82	RICARDO PERALTA 20-SEN M	TiMim	2:02:28.860
83	NELSON LUZ 14-M35	Murtal Run	2:02:45.170
84	PATRÍCIA RODRIGUES 5-SEN F	ARCD MENDIGA	2:02:45.309
85	LUIS LOPES 14-M45	FATIMA TRAIL TEAM	2:02:59.898
86	GONÇALO CAROLINO 17-M40	Xplose	2:03:05.982
87	PEDRO PEREIRA 18-M40	Cromos Trail Team	2:03:23.347
88	DAVID MARQUES 19-M40	Terrantêz Trail Team	2:03:33.538
89	JOANA GRÁCIO 1-F40	CPR A-do-Barbas	2:04:03.883
90	JOÃO AFONSO 9-M50	Terrantêz Trail Team	2:04:52.025

91	HÉLDER PINTO 15-M45	Porto de Mos a Correr	2:05:06.950
92	DIOGO CARDOSO 15-M35		2:05:49.441
93	THIERRY PEREIRA 16-M45	FATIMA TRAIL TEAM	2:06:07.372
94	DANIEL REIS 16-M35	SVPP	2:07:31.268
95	CRISTIANO CASALINHO 20-M40	CA BARREIRA	2:08:48.081
96	TIAGO SANTOS 21-SEN M	Constância Mountain Runners	2:08:48.081
97	MARGARIDA BARRETO 6-SEN F	A. C. S. Mamede	2:09:15.404
98	MARILIA NORO 1-F35	RUNNERS DO DEMO	2:09:18.435
99	CELSO SALGUEIRO 17-M45	CPR A-do-Barbas	2:09:58.705
100	NARCISO CORDEIRO 4-M55	C.C.R.D.Arrimal	2:10:34.873
101	PEDRO SANTOS 22-SEN M	Trilho do Castelejo	2:10:50.605
102	BRUNO GASPAR 21-M40		2:10:58.883
103	VITOR REIS 5-M55	Serra D Aire Trail Team	2:11:26.246
104	LUÍS PASCOAL 10-M50	NFC Running Team	2:11:38.304
105	RUI PEREIRA 18-M45	FATIMA TRAIL TEAM	2:11:54.036
106	CARLOS FRESCO 17-M35	Xplose	2:12:00.149
107	SUSANA PEREIRA 1-F50	CPR A-do-Barbas	2:12:02.805
108	TIAGO CARVALHO 23-SEN M	Xplose	2:13:08.017
109	ANA PAULA SANTOS 1-F60	Porto de Mos a Correr	2:13:53.233
110	ANA VIEIRA 2-F40		2:18:10.287
111	RUBEN SANTOS 24-SEN M	Trilho do Castelejo	2:19:38.695
112	CRISTINA BARROS 1-F45	SINMETRO	2:19:49.329
113	NUNO FONTES 18-M35	ARRIBAS	2:20:03.733
114	EDUARDO DOMINGOS 19-M35	NHP Trail Team	2:20:06.126
115	BERNARDO MENESES 4-SUB23 M	ARCD MENDIGA	2:21:15.015
116	MARCO FRANCO 19-M45	Ninho Team - Porto de Mós	2:21:23.647
117	JOÃO SERRA 25-SEN M	ARCD MENDIGA	2:21:51.442
118	MARGARIDA GOMES 2-F50	ARCD MENDIGA	2:22:24.505
119	SAMUEL PINTO 26-SEN M	Trilho do Castelejo	2:22:25.277
120	FILIPE LEITE 20-M35	NHP Trail Team	2:22:42.721
121	FABIO DOMINGUES 27-SEN M	SVPP	2:22:54.662
122	RICARDO FAUSTINO 22-M40		2:22:57.815
123	PATRÍCIA ROQUE 2-F35		2:22:59.902
124	DAVID PINTA 28-SEN M	TiMim	2:23:06.390
125	JOÃO RAIMUNDO 29-SEN M		2:23:08.738
126	LURDES VITAL 3-F50	Serra D Aire Trail Team	2:25:11.271
127	RAFAEL MARTINHO 30-SEN M		2:25:23.293
128	RUDI PARDAL 21-M35	Trilho do Castelejo	2:25:51.765
129	PEDRO MATIAS 23-M40	TiMim	2:25:52.039
130	ABEL CARREIRA 11-M50	Trilho do Castelejo	2:27:07.323
131	GONÇALO MOTAS 22-M35	Motas&Manuel	2:29:07.355
132	RUI LAMEIRO 31-SEN M	Os Cabrinhas	2:30:19.267
133	CÉSAR FERREIRA 12-M50		2:32:52.184
134	MIGUEL SOARES 20-M45	Trilho do Castelejo	2:33:32.392
135	JORGE GALHISPO 13-M50	GAC AOC	2:34:57.256
136	DANIEL ALEXANDRE 24-M40	TiMim	2:34:59.739
137	MARIANA VIEGAS 7-SEN F	ARCD MENDIGA	2:36:14.709
138	CARLOS 14-M50	SCFZ Trail Runners	2:36:29.752
139	RENATO SANTOS 25-M40	SCPOMBAL/TRAIL TEAM	2:36:34.393
140	ADÉLIA SANTOS 2-F45		2:37:12.085

141	JÚLIO GASPAR 6-M55		2:37:15.217
142	VÂNIA SANTOS 8-SEN F	Trilho do Castelejo	2:37:21.025
143	SARA COSTA 4-F50	Trilho do Castelejo	2:38:24.072
144	IVAN ANTUNES 23-M35	FATIMA TRAIL TEAM	2:39:30.429
145	VERA MIGUEL 3-F40	TiMim	2:39:32.671
146	NUNO LOURENÇO 15-M50	Porto de Mos a Correr	2:40:17.649
147	INÊS MARTO 9-SEN F	TiMim	2:41:31.367
148	CATARINA RODRIGUES 10-SEN F	A. C. S. Mamede	2:41:58.172
149	PEDRO SANTOS 26-M40	Os Tolinhos	2:42:46.008
150	ANA COELHO 4-F40		2:43:37.746
151	JOÃO M. ROSA 1-M60	Os Tolinhos	2:45:32.699
152	DAVID RIBEIRO 27-M40	Ninho Team	2:45:41.326
153	ZITA FRANCO 5-F40	Ninho Team	2:45:41.932
154	FILIPA SIMÕES 6-F40	DNMG	2:45:50.434
155	OCTAVIO VAZÃO 7-M55		2:50:25.351
156	VALERIO BARRETO 28-M40	Tem roda encravada	2:52:34.989
157	TIAGO SILVA 24-M35	Tem roda encravada	2:52:35.032
158	CARLOS SANTOS 3-M65		2:52:54.344
159	FRANCISCO GABRIEL 32-SEN M	Peniche a Correr	2:54:30.117
160	TIAGO MORAES 25-M35	TR	2:58:46.800
161	RAFAELA SOBREIRO 3-F35	TR	2:58:47.723
162	ANA AFONSO 7-F40	CA BARREIRA	3:00:50.513
163	FÁBIO OLIVEIRA 33-SEN M		3:03:33.502
164	ANDRÉ PINTO 26-M35		3:03:42.169
165	RODRIGO SANTOS 5-SUB23 M	SVPP	3:11:33.564
166	SIMÃO CARREIRA 34-SEN M	SVPP	3:11:35.335
167	MILTON DUARTE 35-SEN M		3:38:41.256
168	CRISTINA OLIVEIRA 3-F45	100 Pressa	3:53:53.193

CLASSIFICAÇÃO EQUIPAS 16KM

Pos	Atleta	Pontos
1	FATIMA TRAIL TEAM	20
2	A. C. S. Mamede	56
3	CPR A-do-Barbas	64
4	Os Tolinhos	93
5	Trilho do Castelejo	97
6	ARCD MENDIGA	100
7	Terrantêz Trail Team	107
8	TiMim	155
9	Porto de Mos a Correr	191
10	Cromos Trail Team	210
11	Xplose	300
12	CA BARREIRA	304
13	SVPP	380

CLASSIFICAÇÃO GERAL 33KM

1	MIGUEL ARSÉNIO 1-SEN M		2:38:50.909
2	FILIPE COSTA 1-M35	Clube Desportivo de Espite	2:49:24.076
3	FRANCISCO REIS 2-SEN M	A. C. S. Mamede	2:52:40.024
4	CARLOS BÁRBARA 2-M35	A. C. S. Mamede	3:01:42.238

5	JOÃO CARVALHO 3-SEN M	ARCD MENDIGA	3:05:41.281
6	BRUNO PEREIRA 1-M45	Caracol Trail Team	3:07:57.285
7	FÁBIO FILIPE 3-M35	A. C. S. Mamede	3:13:46.062
8	MARCO PACHECO 1-M40	Serra D Aire Trail Team	3:13:46.764
9	LUÍS SILVA 4-M35	GRF Benedita - Atletismo	3:15:56.243
10	RUI 5-M35		3:17:45.864
11	TIAGO TOMÁS 4-SEN M	GRF Benedita - Atletismo	3:22:50.713
12	JOSÉ SEQUEIRA 5-SEN M	Trialmotor	3:25:44.525
13	FABIO LAMAS 2-M40	FATIMA TRAIL TEAM	3:25:45.494
14	PAULO ROQUE 1-M50		3:27:36.799
15	JOÃO SANTOS 6-SEN M		3:28:02.693
16	EDUARDO FERREIRA 7-SEN M	AirLux - Nda	3:29:09.634
17	JOEL COUTO 3-M40	Grupo Alegre Unido Bajouca	3:34:22.540
18	RUI GAIO 6-M35	SCPOMBAL/TRAIL TEAM	3:35:21.078
19	EMANUEL BATISTA 2-M50	A. C. S. Mamede	3:36:26.256
20	FILIPE NOGUEIRA 3-M50	Noticias de Colmeias Atletismo	3:38:43.738
21	DAVID CÂNDIDO 4-M40		3:40:17.556
22	JÚLIO RODRIGUES 5-M40	NFC Running Team	3:41:40.923
23	GUIDA FONTES 1-F35	CF Os Marialvas	3:42:32.074
24	RUI VIEIRA 6-M40		3:44:28.282
25	LUÍS SANTOS 4-M50	FATIMA TRAIL TEAM	3:44:54.711
26	VÍTOR GODINHO 2-M45	SB VIDROS - VIDRALA	3:45:20.069
27	DIANA ELIAS 2-F35	Porto de Mos a Correr	3:49:16.301
28	MANUEL FERNANDES 7-M35	SCPOMBAL/TRAIL TEAM	3:51:06.993
29	JORGE VIEIRA 7-M40		3:56:11.138
30	TIAGO ESPERANÇA 3-M45	-	3:56:26.900
31	VITOR PEREIRA 4-M45	Runners da Frente Ribeirinha da Póvoa de santa iria	3:57:01.516
32	FÁTIMA ALENDOURO 1-F50	Porto de Mos a Correr	3:57:50.793
33	SANDRA OLIVEIRA 1-SEN F	CF Os Marialvas	4:02:22.380
34	LINO FRANCO 5-M45	LIZ RUNNERS	4:07:25.831
35	HENRIQUE FERNANDES 8-M40	SCPOMBAL/TRAIL TEAM	4:08:07.312
36	PAULO GOMES 9-M40	FATIMA TRAIL TEAM	4:16:00.895
37	MARGARIDA VIEIRA 1-F45	C uma Perna às Costas	4:17:50.509
38	MARCELO COELHO 1-SUB23 M		4:19:52.622
39	RODOLFO 6-M45	SINMETRO	4:23:46.757
40	DAVID GOUVEIA 8-SEN M	Evolução Vertical	4:24:23.172
41	CARLA SILVA 1-F40	100 Gás Trail Team	4:26:03.339
42	GERMANO CAPELA 1-M55	CA BARREIRA	4:26:22.515
43	MANUELA MENDES 2-F40	Desafios Positivos D +	4:31:39.794
44	JOAQUIM RIBEIRO 8-M35		4:34:35.368
45	SAMUEL NETO 9-SEN M		4:35:05.161
46	LUÍS PAULO 1-M65	GRF Benedita - Atletismo	4:36:56.800
47	RODOLFO DEYLLLOT 2-M55	Cromos Trail Team	4:42:04.979
48	PEDRO PEÇA 5-M50	Fajarda runners	4:44:52.523
49	JOÃO TOMÁS 10-SEN M	A. C. S. Mamede	4:49:52.382
50	PEDRO PEREIRA 7-M45	ACBatalha	4:54:03.797
51	GINA OLIVEIRA 1-F55	CD ÁGUIAS ALPIARÇA	4:58:21.642
52	LINA MATEUS 3-F40	aminhacorrida	4:59:25.256
53	NELSON SOUSA 8-M45	G.A.Caranguejeira	5:08:03.313
54	NELSON PEREIRA 6-M50	FATIMA TRAIL TEAM	5:13:27.532

55	PEDRO SANTOS 10-M40	Fajarda Runners	5:14:51.304
56	JORGE AGOSTINHO 2-M65	CA BARREIRA	5:28:51.870
57	ISABEL MADEIRA 2-F50	ARCD Venda da Luísa	5:36:55.239
58	CARLOS OVELHA 3-M55	Amigos do Trilho	5:55:46.831
59	MARCO DIAS 9-M35	CCD Siemens	5:59:47.784
60	MÁRIO ANJO 4-M55	Trilhos do Costume	6:29:44.675
61	RENATO LOPES 7-M50	Juventude Ouriense	6:29:55.710
62	GESSINA MENDES 3-F50	Trilhos do Costume	6:30:21.171
63	JOSE BAPTISTA 1-M60	LIZ RUNNERS	6:41:02.786
64	LUIS ANDRÉ 9-M45	Hct Running Team	7:01:07.978

CLASSIFICAÇÃO EQUIPAS 33KM

Pos	Atleta	Pontos
1	A. C. S. Mamede	14
2	GRF Benedita - Atletismo	66
3	FATIMA TRAIL TEAM	74
4	SCPOMBAL/TRAIL TEAM	81